**2 SMART Goals**

**You are provided 2 text boxes in which to submit in each a SMART Goal. Please complete each goal, save the Microsoft Word document and submit to the Dropbox on D2L.**

**Grading Criteria: Although this assignment is only for participation marks, each goal will be assessed according to the following:**

|  |  |
| --- | --- |
| *Specific* | Have you explained the goal so that it is clear and understandable? |
| *Measureable* | How will you evaluate if the goal has been successfully met? |
| *Achievable* | Is the completion of this goal within the timeframe realistic? |
| *Relevant* | How is your goal relevant to your career path? |
| *Time-bound* | Expected completion or evaluation date of goal? |

**SMART Goal #1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Submission** | **Attain at least 3.66 (A-) gpa average for this semester to reach my goal of achieving semester average gpa that is greater or equal to previous semester’s average gpa.** | | | | |
| *Specific*  **/2** | | *Measureable*  **/2** | *Achievable* **/2** | *Relevant*  **/2** | *Time-bound*  **/2** |
| **Feedback** |  | | | | |

**Grade: /10**

**SMART Goal #2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Submission** | **Health and persistency has always been my problem. Since I am taking all elective courses this semester, working out enough so that I can do 30 push-ups and 12 pull ups per set comfortably until end of the semester to have more control of my mood and enough stamina to study long period of time.** | | | | |
| *Specific* **/2** | | *Measureable* **/2** | *Achievable* **/2** | *Relevant*  **/2** | *Time-bound*  **/2** |
| **Feedback** |  | | | | |

**Grade: /10**